

OFF-CAMPUS RESOURCES

- Baystate Medical Center, Springfield, MA, 413-794-0000
- Mercy Medical Center, Springfield, MA, 413-748-9000
- YWCA of Western Mass., TTY: 413-733-7100, Hotline: 800-796-8711, Office: 413-732-3121, www.ywca.org
- RAINN (Rape Abuse & Incest National Network), 800-656-HOPE (4673) –24/7 National Hotline, www.rainn.org
- Emergency: 911
- National Domestic Violence Hotline: 1- 800-799-7233
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- National Hopeline Network: 1-800-SUICIDE (800-784-2433)
- Crisis Text Line: Text "DESERVE" TO 741-741
- Lifeline Crisis Chat (Online live messaging): <https://suicidepreventionlifeline.org/chat/>
- Self-Harm Hotline: 1-800-DONT CUT (1-800-366-8288)
- Family Violence Helpline: 1-800-996-6228
- Planned Parenthood Hotline: 1-800-230-PLAN (7526)
- American Association of Poison Control Centers: 1-800-222-1222
- National Council on Alcoholism & Drug Dependency Hope Line: 1-800-622-2255
- National Crisis Line - Anorexia and Bulimia: 1-800-233-4357
- GLBT Hotline: 1-888-843-4564
- TREVOR Crisis Hotline: 1-866-488-7386
- AIDS Crisis Line: 1-800-221-7044
- Veterans Crisis Line: <https://www.veteranscrisisline.net>
- TransLifeline: <https://www.translifeline.org> - 877-565-8860
- Suicide Prevention Wiki: <http://suicideprevention.wikia.com>